## FEBRUARY 2024 NEWSLETTER

	MON	TUE	WED	тни	FRI	SAT	SUN
4RY				1 Share the Harvest 10AM- 4PM	2	3	4
BRUARY	5	6 Share the Harvest IPM-7PM	7 Share the Harvest 10AM- 4PM	8 Share the Harvest	9 Mobile Food Pantry @ The Church at Osage Hills 1PM-3PM	10	11
Ш	12	13 Share the Harvest	14 Share the Harvest	15 Share the Harvest	16	17 Cardiovascular Screening	18
2024 .	19 CCDDR Office Closed	20 Share the Harvest	21 Share the Harvest	22 Share the Harvest	23 Home, Business, and Lake Living EXPO	24 Home, Business, and Lake Living EXPO Polar Bear Strut & Plunge	25
	26	27 Share the Harvest	28 Share the Harvest	29 Share the Harvest			

I began my career with CCDDR in December 2014 as a Support Coordinator. Over the years, I moved into different roles with CCDDR. I am currently the TCM Director. I currently oversee client support programs and review services.

I make decisions on how to improve current programs and training. My role also includes advocacy and communicating with our local community and other state agencies.

I truly enjoy assisting clients and I work to promote our mission to provide persons with developmental disabilities the necessary tools to achieve self-determined lives, while ensuring quality services.

### Targeted Case Management Director

#### **LORI CORNWELL**



### **Special Olympics**

Special Olympics is returning to Camden County! The coach, Travis Morley, is in the process of recruiting athletes for the team and can be reached at 573-836-1829. If interested in participating reach out to Travis to get registered, and visit <a href="https://medform.specialolympics.org/us?">https://medform.specialolympics.org/us?</a>
<a href="mailto:fbclid=lwAR0wC88ZnUAeR7qLABrF7s6tlrU6QNell4qmcY0qe1N-xtz2LBerUgc-bZQ">https://medform.specialolympics.org/us?</a>
<a href="mailto:fbclid=lwAR0wC88ZnUAeR7qLABrF7s6tlrU6QNell4qmcY0qe1N-xtz2LBerUgc-bZQ">https://medform.specialolympics.org/us?</a>



### **Property Tax Credit**

The Missouri Property Tax Credit Claim gives credit to certain senior citizens and 100 percent disabled individuals for a portion of the real estate taxes or rent they have paid for the year. The credit is for a maximum of \$750 for renters and \$1,100 for owners who owned and occupied their home. The actual credit is based on the amount of real estate taxes or rent paid and total household income. If you rent from a facility that does not pay property taxes, you are not eligible for a Property Tax Credit. Filing can be done three years back if never claimed in the past.

More information about the program can be found here; <a href="https://dor.mo.gov/taxation/individual/tax-types/property-tax-credit/#:~:text=The%20credit%20is%20for%20a,income%20(taxable%20and%20nontaxable">https://dor.mo.gov/taxation/individual/tax-types/property-tax-credit/#:~:text=The%20credit%20is%20for%20a,income%20(taxable%20and%20nontaxable)</a>.



### Power Up 2024

Registration has opened for the 2024 Missouri Assistive Technology Power Up Conference. The conference will be held April 8-9 in Columbia, MO. More information about the event can be found on their website here; <a href="https://at.mo.gov/power-up-conference/">https://at.mo.gov/power-up-conference/</a>.





# Cardiovascular Screening

Join Lake Regional for free screenings including a lipid profile, blood sugar test, blood pressure screening, and a BMI screening. Fasting is necessary 12-14 hours in advance for some tests. To register call Rosete Ward at 573-348-8797.

### Free Health Program

CCDDR has been in collaboration with UMKC offering a free health program where individuals 18 years of age and older with an Intellectual or Developmental Disability can learn ways to be healthier, about regular health care and screenings that are important, set health goals and make a plan to meet them, and get support to connect with health services and resources in the community.

If interested in participating contact Rachel or Emily at the office.







This is a free 5 day, 4 night program for high school students with disabilities. The forum enables young adults who have a disability to learn from each other and successful adults with disabilities. Participants gain knowledge about their own and others' disabilities, develop self-determination skills, and learn about leadership styles, disability laws, and the legislative process. The forum equips students with the tools to achieve their post-secondary goals in education, employment, and independent living. If interested, more information can be found here; <a href="https://disability.mo.gov/gcd/ylf/">https://disability.mo.gov/gcd/ylf/</a>.





#### **Polar Bear Strut**

This "unbearable" event is a unique opportunity to show your bravery as you support local Special Olympics athletes by strutting in the frigid winter air. Proceeds benefit Special Olympics Missouri. The strut will be held at Public Beach #2, with a Polar Plunge to follow. Register for the event here; <a href="https://support.somo.org/event/2024-lake-of-the-ozarks-strut/e521144">https://support.somo.org/event/2024-lake-of-the-ozarks-strut/e521144</a>.

To register for the Polar Bear Plunge, use the link here; <a href="https://support.somo.org/event/2024-lake-of-the-ozarks-plunge/e521122">https://support.somo.org/event/2024-lake-of-the-ozarks-plunge/e521122</a>.

## Home, Business, and Lake Living Expo

Join the Camdenton Area Chamber of Commerce for the 2024 Expo at The Regalia Hotel & Conference Center for this two day event February 23rd-24th. On the 23rd join them from 3:00 PM - 7:00 PM and on the 24th from 9:00 AM - 5:00 PM. You'll find wall-to-wall displays and exhibits and have the opportunity to speak directly with experts and receive helpful advice for any of your future projects or hobbies.

All attendees have an opportunity to sign up at the Chamber of Commerce registration table to be entered into a drawing. The lucky winners will receive a \$500, \$300 or \$200 voucher to use for products and services from the vendors!





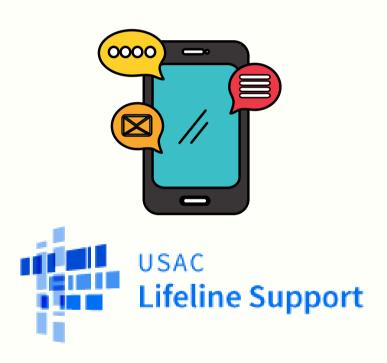
### **Camp Wonderland**

Dates for spring and summer camps are open to register to go to to camp. Themes include Cupid Weekend, Spring Break Camp, Hoppin' Holiday Camp, Safari Camp, Game Show Camp, and more! To register for camp, visit the site here; <a href="https://wonderlandcamp.org/camp-schedule/">https://wonderlandcamp.org/camp-schedule/</a>.

### **Lifeline Support**

Lifeline is a federal program dedicated to making phone and internet service more affordable for low-income households. This benefit provides eligible individuals with a monthly discount up to \$9.25.

There are many different ways to qualify for the program. To see if you qualifying and to apply for the benefit, visit their website; <a href="https://www.lifelinesupport.org/get-started/">https://www.lifelinesupport.org/get-started/</a>.



If you no longer wish to receive the monthly newsletters please email emilyb@ccddr.org to be removed from the mailing list.





